

Winter 2018-19

EAT WELL
WITH BUBBLE
& SQUEAK

w/c ~~5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan~~

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	✓ Vegetarian All Day Breakfast Quorn sausage, hash brown, beans & tomato ▲ All Day Breakfast Pork sausage, bacon, hash brown, beans & tomato Pineapple Upside Down Cake	✓ Cheese & Bean Wrap with oven baked wedges ▲ Roast Chicken with stuffing, gravy & potatoes Tutti Frutti Tuesday Strawberry Mousse & fruit	✓ Pasta Bar with selection of homemade sauces ✓ Tomato & Basil Beef Bolognese ▲ Carbonara with Ham Chocolate Shortbread with fruit slices	Cauliflower & Broccoli Cheese with herby bread ▲ Roast Gammon with gravy & potatoes Winter Sponge	✓ Mini Cheese Pinwheel with chips & tomato sauce Golden Fish Fingers (Cod & Salmon) with chips Apple Flapjack

w/c ~~12th Nov, 3rd Dec, 24th Dec, 14th Jan, 4th Feb~~

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2	✓ Sweet Potato & Chickpea Curry with wholemeal rice ▲ Pork Sausage with mash & gravy Carrot Muffin	✓ Cheese & Bean Wrap with oven baked wedges ▲ Roast Gammon with pineapple & oven baked wedges Tutti Frutti Tuesday Yoghurt, fruit & crunch toppings	✓ Macaroni Cheese with herby bread ▲ Chicken Curry with wholemeal rice Fruit Crumble with custard	✓ Cheese, Potato & Leek Bake with baked beans ▲ Roast Turkey with stuffing, gravy & potatoes Chocolate Crunch	✓ Quorn Meatball Sub with homemade tomato sauce Battered Fish with chips Sultana and Oat Cookie with fruit slices

w/c ~~19th Nov, 10th Dec, 31st Dec, 21st Jan, 11th Feb~~

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3	✓ Homemade Pizza vegetarian toppings ▲ Homemade Pizza meat toppings Shortbread Biscuit with fruit slices	✓ Macaroni Cheese with Herby Bread ▲ Roast Chicken with stuffing, gravy & potatoes Tutti Frutti Tuesday Yoghurt, fruit & crunchy toppings	✓ Veggie Hotdog with oven baked wedges ▲ Beefburger with oven baked wedges Apple & Banana Cake with custard	✓ Pasta with Tomato Sauce ▲ Roast Gammon with gravy & potatoes Winterberry Cheesecake	✓ Cheese & Bean Wrap with chips Golden Fish Fingers (Cod & Salmon) with chips Jamaican Ginger Cake with custard Option 11

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



▲ Meat
✓ Veggie
▶ Jacket Potato
■ Packed Lunch



BUBBLE