



Kings' Forest
Primary School

**FRESH FRUIT
& YOGHURT
SERVED DAILY**

**FRESH WATER,
DAIRY FREE, LOWER FAT
& LACTOSE MILK
AVAILABLE DAILY**

SPRING MENU

Week one

WEEKS COMMENCING: 1/1/24, 15/1/24, 29/1/24, 12/2/24, 26/2/24, 11/3/24, 25/3/24



Educatering
The School Food Revolution



Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

Pick a
MAIN

Chicken Bites with
Wedges and Peas

Beef Lasagne with
Garlic Bread

Chicken and
Vegetable
Korma with Rice

Fish Fingers and
Chips with Baked
Beans or Peas

Pick a
**MEAT-FREE
MAIN**

Vegetable Nuggets
with Wedges and
Peas

Macaroni Cheese
with Garlic Bread

Sweet Potato,
Cauliflower and
Chick Pea Curry
with Rice

PIZZA BAR

Cheese Pizza,
Herby Diced
Potatoes and
Sweetcorn

Tomato and
Vegetable Pasta
Bake with Baked
Beans or Peas

Pick a
**HALAL
OPTION**

Halal Chicken Bites
with Wedges and
Peas

Halal Lasagne with
Garlic Bread

Halal Chicken and
Vegetable Korma
with Rice

Fish Fingers and
Chips with Baked
Beans or Peas

Pick a
**JACKET
POTATO**

Cheese / Beans /
Tuna Mayo

Cheese / Beans /
Tuna Mayo

Cheese / Beans /
Tuna Mayo

Cheese / Beans /
Tuna Mayo

Cheese / Beans /
Tuna Mayo

Pick a
**PACKED
LUNCH**

Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks

Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks

Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks

Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks

Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks

Pick a
DESSERT

OPTION ONE
Iced Sponge
OPTION TWO
Shortbread

OPTION ONE
Pink Raspberry
Flapjack
OPTION TWO
Shortbread

OPTION ONE
Chocolate Brownie
OPTION TWO
Shortbread

OPTION ONE
Jelly with Fruit
OPTION TWO
Shortbread

OPTION ONE
Oaty & Coconut
Cookie
OPTION TWO
Shortbread



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& YOGHURT
SERVED DAILY**

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DAIRY FREE, LOWER FAT
& LACTOSE MILK
AVAILABLE DAILY**

SPRING MENU

Week two

WEEKS COMMENCING: 8/1/24, 22/1/24, 5/2/24, 19/2/24, 4/3/24, 18/3/24



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Pick a
MAIN

**Beef Bolognaise with
Penne Pasta, Garlic
Bread and Peas**

Pick a
**MEAT-FREE
MAIN**

**Quorn Sausage
Cassoulet with Garlic
Bread and Peas**

Pick a
**HALAL
OPTION**

**Halal Beef
Bolognaise with
Penne Pasta, Garlic
Bread and Peas**

Pick a
**JACKET
POTATO**

**Cheese / Beans /
Tuna Mayo**

Pick a
**PACKED
LUNCH**

**Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks**

Pick a
DESSERT

**OPTION ONE
Raspberry Muffin**
**OPTION TWO
Shortbread**

TUESDAY

BRUNCH BAR

**Sausage & Bacon
or
Quorn Sausage &
Grilled Tomato
with
Hash Brown &
Baked Beans**

**Halal Sausages with
Hash Brown and
Baked Beans**

**Cheese / Beans /
Tuna Mayo**

**Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks**

**OPTION ONE
Chocolate Crunch
and Custard**
**OPTION TWO
Shortbread**

WEDNESDAY

**Roast Chicken with
Roasted Potatoes,
Seasonal Veg and
Gravy**

**Cauliflower Cheese
with Roasted
Potatoes, Seasonal
Veg and Gravy**

**Halal Roast Chicken
with Roasted
Potatoes, Seasonal
Veg and Gravy**

**Cheese / Beans /
Tuna Mayo**

**Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks**

**OPTION ONE
Jam and Coconut
Sponge**
**OPTION TWO
Shortbread**

THURSDAY

PIZZA BAR

**Cheese Pizza with
Herby Diced
Potatoes &
Vegetable Crudites**

**Cheese / Beans /
Tuna Mayo**

**Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks**

**OPTION ONE
Ice Cream**
**OPTION TWO
Shortbread**

FRIDAY

**Fish Fingers and
Chips or Salmon
Goujons and Chips
with Baked
Beans or Sweetcorn**

**Toasted Cheese and
Bean Wrap with
Chips and Peas**

**Fish Fingers &
Chips with Baked
Beans or Sweetcorn**

**Cheese / Beans /
Tuna Mayo**

**Ham / Cheese /
Tuna Mayo Roll with
Salad Sticks**

**OPTION ONE
Chocolate Krispie
Cake**
**OPTION TWO
Shortbread**